

Introduction

Dear Parents/Carers,

KEEPING SCHOOL MEALS SAFE

As we continue to navigate through this challenging time, we want to reassure you that to choose a school meal when your child returns to school is a safe option.

We have a responsibility to our customers and to our catering staff, their health and their well-being guides our decision making, we are continuously making changes to processes and food offers, we have quickly incorporated additional precautionary measures, procedures, recommendations and resources with the safety and protection of our customers top of mind.

Our kitchen staff make your child's meal with love and care, and in a safe clean environment.

During the time that the kitchens have been closed they have received additional training in hand washing, infection control Risk assessments and have been updated and Personal Protective Equipment supplied to ensure their safety and the safety of other.

We continue to use British produce and **local suppliers** wherever possible and all food is traceable to source to ensure a safe supply chain.

Due to the new regulations on social distancing within schools it may mean we have to provide a more restricted menu and salad cart temporarily. Depending on changes to social distancing we may make changes to the menu but you will be informed of any changes.

Please do use the school meal service to ensure its survival for future generations.

If your child has any allergies please do contact me on gill@tcsinfo.co.uk, so that we can ensure that their school meal with Total Catering Solutions (SE) Ltd is completely safe.

Stay safe

Yours sincerely



Contract Manager



KEEPING SCHOOL MEALS SAFE

Everything possible has been put in place to ensure your child has a safe school meal that is also tasty and nutritious

We have the food for life Bronze accreditation and will continue to follow the ethos of it during this challenging time wherever possible.

How we are keeping school meals safe?

To achieve complete confidence in the service the caterer must ensure the following:

- All working staff have been given additional training
- We only purchase from safe ethical suppliers
- Social distancing is recognised wherever possible
- PPE has been supplied to all opening kitchens
- Temporary menu reflects reduced offer to allow maximum social distancing
- Risk Assessment completed for all opening kitchens
- Regular sanitizing and hand washing is in operation.
- We will carefully clean plates and cutlery after each use or use disposables.
- Kitchen staff must be healthy and free of corona virus symptoms prior to commencing return to work

As a parent you can rest assured that not only are your child's school lunches tasty and good value, they also meet the highest standards of safety and care.

We may also add a vegetarian day to support the government promotion of eating less meat

If your child has any food allergies please do contact us to ensure we cater for them safely

Allergens

This menu shows the allergens contained in each dish, as listed below. These will be a guideline only and if your child has any severe allergies then we will talk to you individually to assess your child's needs – please contact gill@tcsinfo.co.uk

C Celery	L Lupin	S Soya
G Cereals	D Dairy	Y Sulphur Dioxide
containing	O Mollusc	* May contain
Gluten	M Mustard	traces of
R Crustaceans	N Nuts	
E Eggs	P Peanuts	
F Fish	A Sesame Seeds	

We do not use any nuts in our recipes but some products are produced in a factory where nuts may be processed.

Announcing our

SUMMER MENU 2021



A fresh approach to Education Catering

www.tcseducationcatering.com

SUMMER MENU 2021

WEEK ONE 2021 W/C – 19/4,10/5, 31/5, 21/6, 12/7, 1/9, 21/9, 12/10

WEEK TWO 2021 W/C – 26/4, 17/5, 7/6, 28/6, 19/7, 8/9, 28/9

WEEK THREE 2021 W/C – 3/5, 24/5, 14/6, 5/7, 14/9, 5/10.

MONDAY

Butchers 100% Beef burger (G1,S) in a Wholemeal Bap(G1, A*)
Veggie Burger (G) in a Wholemeal Bap (G,A*)
Fillet Jacket Potato **
Oven Baked Wedges (new recipe)
Sweetcorn, Mixed Salad
Arctic Roll with Peaches (G,D,E,S)
Fresh Fruit or Yogurt (D)

TUESDAY

Macaroni Cheese (G,D,M)
Veggie Nuggets (G) with tomato Dip
Fillet Jacket Potato **
Homemade Jacket Wedges,
Broccoli & Sweetcorn
Fruit Flapjack(G,Y)
Fresh Fruit Pot, Yoghurt (D)

WEDNESDAY

Roast Beef, Yorkshire Pudding (E,D,G)
Gravy (M*,E,S,D,C)
Vegetable Quiche (G,D,E,S)
Fillet Jacket Potato**
Roast or boiled Potatoes
Fresh Cabbage, Diced Swede
Fruit Jelly
Fresh Fruit Pot , Yoghurt (D)

THURSDAY

Chicken Korma (C,Y)
Tomato Pasta Bake (G)
Rice or Crunchy Bread (G,S,D,E)
Sweetcorn, Peas
Apple Crumble (G)with Custard (G,D)
Fresh Fruit Pot, Yoghurt (D)

FRIDAY

Cod Fish Fingers (G1,F)or Salmon Nibbles (F,G)
Egg & Cheese Salad (E,D)
Fillet Jacket Potato **
Chips or 1/2 Jacket Potato **
Salad Sticks, Baked Beans
Shortbread Biscuit (G)
Milk Shake (D)
Fresh Fruit Pot, Yoghurt (D)

MONDAY

Chicken Fajita (G,D,C,Y)
Cheese, Spring Onion and Potato Pie (D)
Vegetable Rice
Fillet Jacket Potato**
Mixed Sweet Pepper Sticks
Fruit Mousse Pot (D)
Fresh Fruit Pot, Yoghurt (D)

TUESDAY

Cheese & Tomato Pinwheel (G,D,E,S)
Veggie Sausages (G,S,Y) Mashed Potato
Crunchy Bread (G,E, D*,S*)
Fresh Carrots and Broccoli
Chocolate and Pear Sponge (G,E)
& Topping (D)
Fresh Fruit Pot, Yoghurt (D)

WEDNESDAY

Roast Turkey with Gravy (M*E,S,D,C)
Vegetable Gratin (G,D)
Fillet Jacket Potato **
Roast or Boiled Potatoes
Carrots, Spring Greens
Golden Crispy Cake (G)
Fresh Fruit Pot, Yoghurt (D)

THURSDAY

Beef Lasagne (G,D)
Mild Vegetable Chilli (G) with rice
Fillet Jacket Potato**
Crunchy Garlic Bread (G,D*,S*)
Sweetcorn, Salad sticks
Rice Pudding (D) with Fruit
Fresh Fruit Pot, Yoghurt (D)

FRIDAY

Breaded Fish (F,G1,M,D*)
Roasted Vegetable Tart (G,D,M)
Fillet Jacket Potato**
Chips or 1/2 Jacket Potato
Baked Beans, baked Tomato
Cherry Squares (G,Y,E) Milk
Shake (D)
Fresh Fruit Pot, Yoghurt (D)

MONDAY

Butchers Fresh Pork Sausages (G,Y)
Veggie Sausages (G,S,Y)
Fillet Jacket Potato**
Mashed or New Potatoes
Sweetcorn, Peas
Apple Crumble(G) with Custard (G,D)
Fresh Fruit Pot, Yoghurt (D)

TUESDAY

Homemade Roasted Vegetable Pizza (G1,E*,D,S)
Pizza Cheese & Tomato (G1,E*,D,S)
Fillet Jacket Potato**
Sauté Potatoes
Mixed Salad,
Caramelised Banana Cake(G,E)
Fresh Fruit Pot, Yoghurt (D)

WEDNESDAY

Roast Chicken with Gravy (M*E,S,D,C)
Spanish Omelette (E,D)
Fillet Jacket Potato **
Roast or Boiled Potatoes
Carrots, Broccoli
Fruit with Icecream (D)
Fresh Fruit Pot, Yoghurt (D)

THURSDAY

Beef Bolognese (G,D)
Cheese & Onion Puff (G,D)
Fillet Jacket Potato**
Wholewheat Pasta (G)
Broccoli & Peas
Fruit Mousse Pot(D)
Fresh Fruit Pot, Yoghurt (D)

FRIDAY

Fish Fingers (G1, F)
Salmon Nibbles (G1,F)
Quorn Sausage Roll (G,S,Y,D)
Fillet Jacket Potato**
Chips or 1/2 Jacket Potato
Baked Beans, Salad Sticks
Chocolate Oat Delight (G)
Fresh Fruit Pot, Yoghurt (D)