



# Physical Education At Fawkham CEP School



## Intent:

At Fawkham the majority of our children are fortunate and have opportunities outside of school to take part in a variety of sporting activities. We enhance the experiences by providing a broad and balanced PE curriculum in addition to giving the children opportunities to take part in competitive sporting activities with other schools. Every class engages in PE for a minimum of two hours per week in which we follow the Real PE philosophy and approach. Our after school clubs offer a range of different sporting activities in which the children can participate.

Our approach to teaching PE develops the learner as a whole and alongside the physical skills, encourages learners to reflect on and improve their skills in the 5 other areas of the Real PE cogs. We aim to instil a positive attitude towards PE and physical activity to promote healthy lifestyles for our pupils currently and in the future. Using the progressive learning objectives provided by Real PE, combined with varied and flexible teaching styles, we provide appropriate, stimulating, challenging and enjoyable learning situations for every child.



Our children develop fundamental movement skills, become increasingly competent and confident and access a broad range of opportunities to extend their agility, balance and coordination, individually and with others. They are able to engage in competitive sport (both against self and against others) and co-operative physical activities, in a range of increasingly challenging situations. Here at Fawkham, all of our children, enjoy communicating, collaborating and competing with each other. They develop an understanding of how to improve in different physical activities and sports and learn how to evaluate and recognise their own success.

Our PE curriculum is enhanced by a range of enrichment activities provided throughout the year.

Year	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
<b>Year R (1)</b>	<b>Personal</b>  Coordination: Footwork (FUNS Station 10) Static Balance: One Leg (FUNS Station 1)	<b>Social</b>  Dynamic Balance to Agility: Jumping and Landing (FUNS Station 6) Static Balance: Seated (FUNS Station 2)	<b>Cognitive</b>  Dynamic Balance: On a Line (FUNS Station 5) Static Balance: Stance (FUNS Station 4)	<b>Creative</b>  Coordination: Ball Skills (FUNS Station 9) Counter Balance: With a Partner (FUNS Station 7)	<b>Applying Physical</b>  Coordination: Sending and Receiving (FUNS Station 8) Agility: Reaction/Response (FUNS Station 12)	<b>Health and Fitness</b>  Agility: Ball Chasing (FUNS Station 11) Static Balance: Floor Work (FUNS Station 3)
<b>Year R (2)</b>	<b>Personal</b>  Coordination: Footwork (FUNS Station 10) Static Balance: One Leg (FUNS Station 1)	<b>Social</b>  Dynamic Balance to Agility: Jumping and Landing (FUNS Station 6) Static Balance: Seated (FUNS Station 2)	<b>Cognitive</b>  Dynamic Balance: On a Line (FUNS Station 5) Static Balance: Stance (FUNS Station 4)	<b>Creative</b>  Coordination: Ball Skills (FUNS Station 9) Counter Balance: With a Partner (FUNS Station 7)	<b>Applying Physical</b>  Coordination: Sending and Receiving (FUNS Station 8) Agility: Reaction/Response (FUNS Station 12)	<b>Health and Fitness</b>  Agility: Ball Chasing (FUNS Station 11) Static Balance: Floor Work (FUNS Station 3)
<b>Year 1/2 (1)</b>	<b>Personal</b>  Coordination: Footwork (FUNS Station 10) Static Balance: One Leg (FUNS Station 1)	<b>Social</b>  Dynamic Balance to Agility: Jumping and Landing (FUNS Station 6) Static Balance: Seated (FUNS Station 2)	<b>Cognitive</b>  Dynamic Balance: On a Line (FUNS Station 5) Static Balance: Stance (FUNS Station 4)	<b>Creative</b>  Coordination: Ball Skills (FUNS Station 9) Counter Balance: With a Partner (FUNS Station 7)	<b>Applying Physical</b>  Coordination: Sending and Receiving (FUNS Station 8) Agility: Reaction/Response (FUNS Station 12)	<b>Health and Fitness</b>  Agility: Ball Chasing (FUNS Station 11) Static Balance: Floor Work (FUNS Station 3)
<b>Year 1/2 (2)</b>	<b>Personal</b>  Coordination: Footwork (FUNS Station 10) Static Balance: One Leg (FUNS Station 1)	<b>Social</b>  Dynamic Balance to Agility: Jumping and Landing (FUNS Station 6) Static Balance: Seated (FUNS Station 2)	<b>Cognitive</b>  Dynamic Balance: On a Line (FUNS Station 5) Static Balance: Stance (FUNS Station 4)	<b>Creative</b>  Coordination: Ball Skills (FUNS Station 9) Counter Balance: With a Partner (FUNS Station 7)	<b>Applying Physical</b>  Coordination: Sending and Receiving (FUNS Station 8) Agility: Reaction/Response (FUNS Station 12)	<b>Health and Fitness</b>  Agility: Ball Chasing (FUNS Station 11) Static Balance: Floor Work (FUNS Station 3)

Year	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
Year 3/4 (1)	<b>Personal</b>  Coordination: Footwork (FUNS Station 10) Static Balance: One Leg (FUNS Station 1)	<b>Social</b>  Dynamic Balance to Agility: Jumping and Landing (FUNS Station 6) Static Balance: Seated (FUNS Station 2)	<b>Cognitive</b>  Dynamic Balance: On a Line (FUNS Station 5) Coordination: Ball Skills (FUNS Station 9)	<b>Creative</b>  Coordination: Sending and Receiving (FUNS Station 8) Counter Balance: With a Partner (FUNS Station 7)	<b>Applying Physical</b>  Agility: Reaction/Response (FUNS Station 12) Static Balance: Floor Work (FUNS Station 3)	<b>Health and Fitness</b>  Agility: Ball Chasing (FUNS Station 11) Cool Down – Static Balance: Stance (FUNS Station 4)
Year 3/4 (2)	<b>Personal</b>  Coordination: Footwork (FUNS Station 10) Static Balance: One Leg (FUNS Station 1)	<b>Social</b>  Dynamic Balance to Agility: Jumping and Landing (FUNS Station 6) Static Balance: Seated (FUNS Station 2)	<b>Cognitive</b>  Dynamic Balance: On a Line (FUNS Station 5) Coordination: Ball Skills (FUNS Station 9)	<b>Creative</b>  Coordination: Sending and Receiving (FUNS Station 8) Counter Balance: With a Partner (FUNS Station 7)	<b>Applying Physical</b>  Agility: Reaction/Response (FUNS Station 12) Static Balance: Floor Work (FUNS Station 3)	<b>Health and Fitness</b>  Agility: Ball Chasing (FUNS Station 11) Cool Down – Static Balance: Stance (FUNS Station 4)
Year 5/6 (1)	<b>Cognitive</b>  Coordination: Ball Skills (FUNS Station 9) Agility: Reaction/Response (FUNS Station 12)	<b>Creative</b>  Static Balance: Seated (FUNS Station 2) Static Balance: Floor Work (FUNS Station 3)	<b>Social</b>  Dynamic Balance: On a Line (FUNS Station 5) Counter Balance: With a Partner (FUNS Station 7)	<b>Applying Physical</b>  Static Balance: One Leg (FUNS Station 1) Dynamic Balance to Agility: Jumping and Landing (FUNS Station 6)	<b>Health and Fitness</b>  Static Balance: Stance (FUNS Station 4) Coordination: Footwork (FUNS Station 10)	<b>Personal</b>  Agility: Ball Chasing (FUNS Station 11) Coordination: Sending and Receiving (FUNS Station 8)
Year 5/6 (2)	<b>Cognitive</b>  Coordination: Ball Skills (FUNS Station 9) Agility: Reaction/Response (FUNS Station 12)	<b>Creative</b>  Static Balance: Seated (FUNS Station 2) Static Balance: Floor Work (FUNS Station 3)	<b>Social</b>  Dynamic Balance: On a Line (FUNS Station 5) Counter Balance: With a Partner (FUNS Station 7)	<b>Applying Physical</b>  Static Balance: One Leg (FUNS Station 1) Dynamic Balance to Agility: Jumping and Landing (FUNS Station 6)	<b>Health and Fitness</b>  Static Balance: Stance (FUNS Station 4) Coordination: Footwork (FUNS Station 10)	<b>Personal</b>  Agility: Ball Chasing (FUNS Station 11) Coordination: Sending and Receiving (FUNS Station 8)

### Enrichment of PE

Sporting competitions with other schools

Year 5/6 residential trip

Sporting after school clubs

Wellness week

Play leaders supporting children at break times with games

Sponsored events

Camp activities

Whole school marathon

Forest school style activities